

2024-2025 ---SPORTS GROUPS AND SCHEDULES FOR
KINDERGARTEN, GROUP ONE, GROUP ½, APPLES & 3RD GRADE BANANAS

Our sports leaders have the flexibility to change activities & tweak the times to fit the needs of their students. Each group has a scheduled time for gaga ball, field games, and woods play. With the exception that K does not have a built-in woods time. Below is a typical Thursday schedule for each group.



K Sports – 10:00-11:00

Adult Leader: Mrs. Erika Pedroso Assistants: Mrs. Jaime McMahon & Kristyn

10:00 Meet & Greet on back patio under roof (students can leave their backpacks under the covered part of the back patio)

10-10:10 warm up game on back patio (duck duck goose or hula-hoop toss)

10:10-10:25 field games (What time is it Mr Fox, Freeze tag, Sharks & Minnows, Steal the Bacon, etc)

10:25-10:40 gaga ball/free play (Gaga ball is a big-interest activity! Also imaginative play with the noodles, chalk, hula-hoops are done during free time)

10:45 start snack/downstairs restroom break (We definitely use this time up for restroom and snack.)

11:00 walk to class (back side door)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

*******When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

1 Sports – 11:00-12:00

Adult Leader: Mrs. Erika Pedroso Assistants: Kristyn & Luke

11:00 - Meet & Greet on back patio under roof (students can leave their backpacks under the covered part of the back patio)

11-11:20 warm up game --gaga ball

11:20 water break (this group has an official water break because they move over to the woods next, which is a distance from their water bottles)

11:20-11:45 woods time (building forts and capture the flag)

11:45 snack/downstairs restroom break

12:00 walk to class (back side door)

*******When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game. **(SEE NEXT PAGE FOR SECOND HOUR OF GROUP 1 SPORTS)**

1 Sports –1:00-2:00 SECOND HOUR OF GROUP 1

Adult Leader: 1st semester Mrs. Traci Pownall, 2nd semester Mrs. Emily Fernandez

Assistants: Lillian & Sarai

1:00 - Pick up from Class (back door around side of church)

1:00 - 1:20 – Upstairs Restroom break / lunch or snack at picnic tables & tarps on right side looking at the church (students can leave backpacks and belongings on the tarps)

1:20 - 1:40- Field games (the *many* different variations of freeze tag, capture the flag, ship to shore, hula hoop jumps, relay races, tug of war, football tossing/frisbee throwing, jump rope, etc.) (on hot days, sitting games are also included: duck duck goose, drip drip drop or poison dart frog)

1:40 - 1:55- Games on back patio or black top such as 9 square.

1:55 - Sibling Care kids go to Bethany on the back patio & the rest to the picnic tables for pick-up (parents must sign out and then walk over to get students)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

*******When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

½ Sports--11:00-1:00

Adult Leader: 1st semester Mrs. Traci Pownall, 2nd semester Mrs. Charlotte Hansen

Assistants: (11:00-12:00) Gunnar & Parker (12:00-1:00) Estelle & Reid

11:00 - Meet and Greet on the field (near Gaga pit) - use tarp for sitting games and backpacks

11:00 - 11:20 – Warm up games on the field (the many different variations of freeze tag, capture the flag, ship to shore, hula hoop jumps, relay races, tug of war, football tossing/frisbee throwing, jump rope, etc) (on hot days, sitting games are included: duck duck goose, drip drip drop or poison dart frog)

11:20 - 11:50 - Gaga pit reserved for your class

11:50 - 12:30 – Woods (fort building, home & store building with woods provided items to sell and other natural materials as ‘money’, leaning tree climbing (with assistance), rock/acorn collecting, lots of other imaginative activities & building)

12:30 - 12:55 – Upstairs restroom break & Lunch at the picnic table and tarps / woods on the RIGHT side of the church when looking at the church.

12:55 - Lunch Clean up and walk to science class (back side door)

NOTE** Water break--Students are not far from their backpacks & can walk over to get their water bottle anytime during their sports hour that they need a drink.

*******When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.



GRADE 2 STRAWBERRIES & GRADE 3 BLUEBERRIES 12:05-2:00

Adult Leader: Mrs. Crystal Crippen Assistants: Clara & Abby

12:05 - Meet & Greet on the porch after science class dismissal - move to side yard tarps area where the picnic tables are (this is to the right of the front of the church)

12:05 - 12:30 - Lunch on the side yard tarps

12:30 - 1:05 - Organized games on the field (capture the flag, sprout ball, cookie tag, everyone is it, sharks and minnows) or 4-square on the pavement

1:05 - 1:25 – **Strawberries** Gaga & **Blueberries** Woods (or vice versa)

1:25 - 1:45 - **Blueberries** Gaga & **Strawberries** Woods (or vice versa)

1:45 - sibling care kids are dismissed to sibling care & all others go to tarps at the picnic table area for pick up.

NOTE** Water break—Students take a water break whenever needed. They can take their water with them to the field or return to their backpack to retrieve it when needed.

***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.

GRADE 4 & OLDER 3RD GRADE APPLES & GRADE 4 BANANAS 1:00 – 3:00

Adult Leader: Mrs. Amy Fuller (Sept/Oct/Nov/Apr/May) & Ashley Nettleton (Dec/Jan/Feb/Mar)

Assistants: (Ellie & Luke 1:45-3:00) (Jesse & Jayden 1:00-1:45)

1:10 - 1:30 - pick up @ porch from class dismissal and eat lunch/snack on the side yard tarps

1:30 – Those in 4th grade that have been granted “free play” are dismissed to play games on the field with teen leaders, find and play with friends, etc.

Teen leader on the field: Constance (**1:15-3:00**) **games played: Dodgeball, Soccer, Handball, Frisbee, 4square**

1:30 - 2:00 – 3rd graders Organized games on the back field with sports leaders (capture the flag, sprout ball, cookie tag, everyone is it, sharks and minnows) or 4-square on the pavement

2:00 - 2:25 - **Apples** in Woods & **Bananas** in Gaga (or vice versa)

2:25 - 2:50 - **Bananas** in Woods & **Apples** in Gaga (or vice versa)

2:25 - PPF kids are dismissed

2:30 - 2:50 - Teen leaders lead games on the field / allow students to "your choice" time (craft table, etc)

2:50 - Dismiss sibling care kids & bring all others to the side yard for pick up

NOTE** Water break—Students take a water break whenever needed. They can take their water with them to the field or return to their backpack to retrieve it when needed.

***When new games are introduced, sports leaders explain the rules and make sure these students understand how to play the game.



MODIFIED PRESIDENTIAL PHYSICAL FITNESS PROGRAM AT CHESSIE

Adult Leaders:

Mrs. Trisha Thompson (4B & life science)

Mrs. Katie Arnold (4th grade bananas & 4A)

CLASS TIMES:

4B: 12:45-1:30

Life Science: 1:35-2:20

Apples & Bananas in grade 4 2:25-3:10

4A: 3:15-4:00



PLEASE SEE THE SPORTS PAGE OF THE CHESSIE WEBSITE FOR DETAILED INFORMATION ON WHAT THIS CLASS COVERS

CRAFT TABLE IS OPEN ON THE BACK PATIO FROM 1:45-2:45 EACH WEEK

Teen Craft Table Leader: Claire

The craft table leader has supplies for students to enjoy completing some art work to take a break from sports activities. This is especially nice for students who are at CHESSIE for sibling care, which makes their day much longer. Students can make bracelets, paper crafts, and seasonal crafts that the craft leader plans and implements each week.



Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. Ephesians 4:32

CHESSIE ADULT SUPERVISING STAFF

1:00-5:15 Mrs. Karen Miller

9:45-11:00 Mrs. Patty Kell

10:45-12:15 Mrs. Jacque Spruill (Patty Kell while Jacque on maternity leave)

10:45-12:15 Mrs. Emily Fernandez

12:15-1:30 Mrs. Karen Lemcke

12:00-1:00 & 1:30-4:00 Mrs. Bethany Pippin-Hoovler

2:00-4:00 Mrs. Christylynn Flynn

4:00-5:00 Mrs. Karen Lemcke



Sportsmanship Checklist

I played by the rules.

I was respectful.

I accepted the outcome of the game.

“SPORTSMANSHIP FOR ME IS WHEN A GUY WALKS OFF THE COURT AND YOU REALLY CAN’T TELL WHETHER HE WON OR LOST, WHEN HE CARRIES HIMSELF WITH PRIDE EITHER WAY.”